

Impact Report 2025-26



**HOME
START**
Aberdeen

Welcome to our 2025-26 Impact Report

We are pleased to share Home-Start Aberdeen's Annual Impact Report.

This year, families across Aberdeen have faced significant and continued societal pressures. Social isolation, shrinking public services and the continuing cost-of-living crisis are pushing many families towards crisis.

Through it all, our staff, trustees and volunteers have remained focused on one simple purpose: helping parents and children feel supported, connected and more confident about the future.

As a small local charity, our strength lies in our relationships. We listen carefully to families, work alongside them at their own pace, and provide practical and emotional support when it is needed most. This report reflects the difference that trusted, early support can make for children, parents and the wider community.

We are grateful to families for bringing us into their trust and to our volunteers, funders and supporters for their generosity and dedication which enable us to be there for families when they need us most.

Who We Are

Home-Start Aberdeen supports families with young children through the challenges of family life.

We believe every child deserves the best possible start, and every parent should have someone they can turn to for support.

Our trained volunteers and staff offer non-judgemental, compassionate support that helps families build confidence and strengthen relationships.

Our support is rooted in the Home-Start model: families supporting families. By matching parents with trained volunteers, alongside our groups and specialist support, we help create the village that many families need but do not always have around them.

With our support, families make positive changes; the effects of which will last a lifetime.

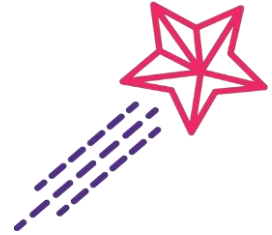
Our Impact



225
families
supported



244
parents
supported



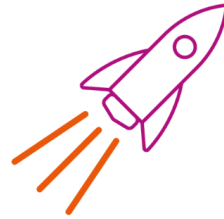
364
children
supported



89%
of families
improved their
child's health
and wellbeing



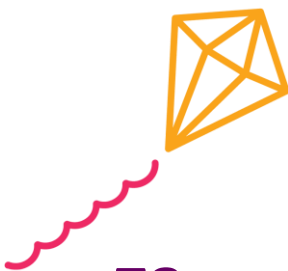
89%
of families
created a more
nurturing home
environment



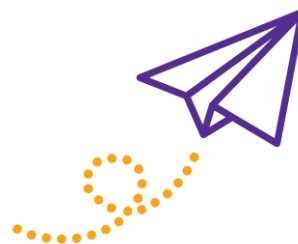
80%
of parents had
improved
parenting capacity



79%
of families felt
more resilient and
able to cope with
challenges



78
Active volunteers



15,000+
volunteer hours

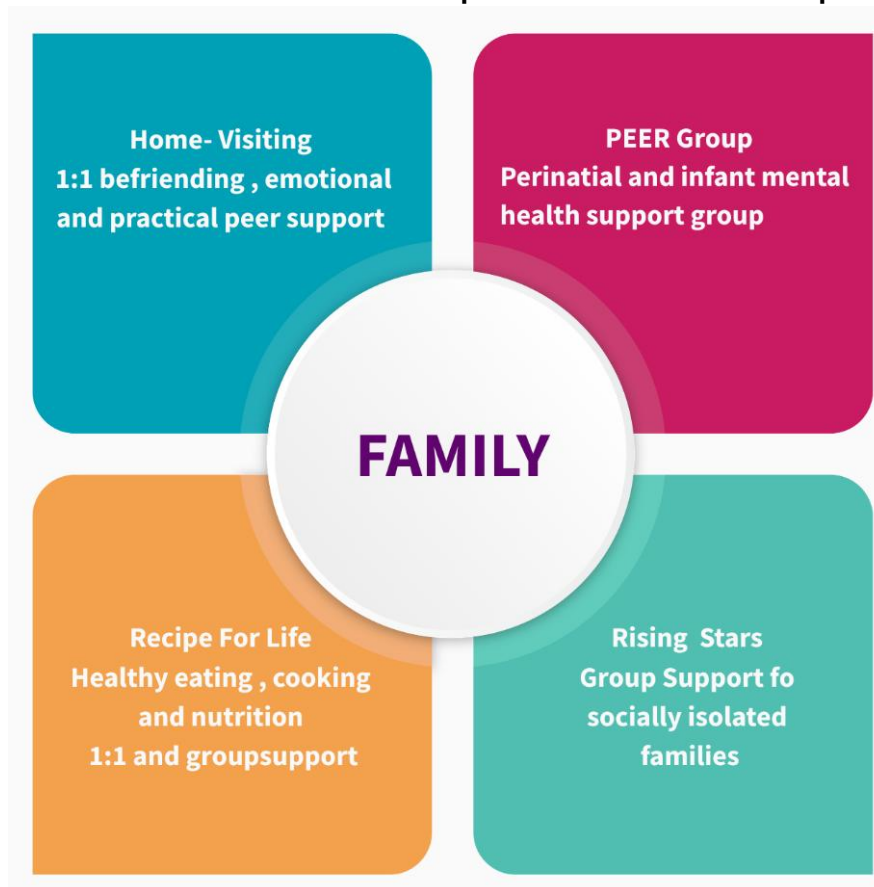


**Behind every number is a family taking steps forward:
a parent feeling more able to cope or a child
experiencing a safe, loving and stable home.**

How We Support Families

Our work combines home visiting, groups and specialist support to deliver practical help to families.

This range of services allows us to work with families to deliver support which is tailored to their specific needs and preferences.



“When we found out that we were pregnant with our second child, I was worried. My husband said "Don't worry about anything, Home-Start will be there”

“Home-Start has done more for me than any other agency, they are amazing. My volunteer is perfect and having the support is brilliant.”

Highlights of 2025-26



**We opened our new shop!
This generates more
income, reduces waste and
creates more volunteering
opportunities**



**We worked with local
businesses to provide 113
local children in need with
Christmas gifts!**



**We achieved Investing in
Volunteers accreditation,
showcasing our commit**



**We became an accredited
Real Living Wage
employer**

Thank You

We are deeply grateful to everyone who made this year's work possible: our volunteers, trustees, staff team, funders, donors, referral partners and community supporters. Your commitment helps ensure families in Aberdeen can access support that is compassionate, practical and rooted in trust.

Most importantly, we thank the families who welcomed us into their lives and shared their experiences with honesty and courage. Their resilience sits at the heart of this report.

Get Involved

You can help Home-Start Aberdeen continue to support local families by volunteering, donating, fundraising, partnering with us or sharing our work with others. Every contribution helps parents and children feel less alone and more able to thrive.

Get Support



Volunteer



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Charity Registered in Scotland : SC012942

Companies House : SC280851